| | | | | | | | |
|---|---|---|---|---|---|---|---|
| | | | **Breakfast {8:00 am to 8:40 am}** | | | | |
| **Day** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| **Breakfast Meal** | Pyaaz Parantha | Aloo sabzi | Dalia | Mix veg parantha | Poha | Veg Sandwich | Chole |
| **Side item** | Curd | Plain Parantha | x | Curd | Onion/sev | Chutney | Bhature |
| **Pickle** | Pickle | Pickle | Pickle | pickle | Pickle | Pickle | Pickle |
| **Hot Beverage** | Tea + Coffee | Tea + Coffee | Tea + Coffee | Tea + Coffee+ Milk | Tea + Coffee+ Milk | Tea + Coffee+ Milk | Tea + Coffee+ Milk |
| **Fruit** | Seasonable Fruit | Seasonable Fruit | Seasonable Fruit | Seasonable Fruit | Seasonable Fruit | Seasonable Fruit | Seasonable Fruit |
| | | | **Lunch {As per school Time Table}** | | | | |
| **Vegetables** | Rajmah Masala | Dal makhni | Aloo Beans | Yellow Dal | Channa Masala | Black Channa | x |
| **Rice/Roti** | Rice/Roti | Rice/Roti | Rice/Roti | Rice/Roti | Rice/Roti | Rice/Roti | Fried Rice |
| **Pickle** | pickle | pickle | pickle | pickle | pickle | pickle | pickle |
| **Side item** | Mix Veg Raita | Boondi Raita | Plain Curd | Mix Veg Raita | Plain Curd | Raita | Mix Veg Raita |
| | | | **Evening Snacks{4:30 pm to 5:00 pm}** | | | | |
| **Snack item** | Samosa | Cookies | Sandwich | Cookies | Samosa | Cookies | Noodles |
| **Hot Beverage** | Tea | Tea | Tea | Tea | Tea | Tea | Tea |
| | | | **Dinner {8:00 pm to 9:00 pm}** | | | | |
| **Vegetables** | Dum Aloo | Kadhai Paneer | Mix Veg | Kadhi Pakaoda | Dal Fry | Jeera Aloo | Rajmah Masala |
| **Roti/Rice** | Roti/Rice | Roti/Rice | Roti/Rice | Roti/Rice | Roti/Rice | Roti/Rice | Roti/Rice |
| **Pickle** | pickle | pickle | pickle | pickle | pickle | pickle | pickle |
| **Hot Beverage** | Milk | Milk | Milk | Milk | Milk | Milk | Hot Gulabjamun |